

CRFU RUGBYSAFE

War a'n peryl na worth-peryl

(Risk Aware, Not Risk Averse)



AWAY EVENT – to be conducted by Team Manager and /or Physio \checkmark Note any concerns or omissions in Section 5 of activity report **MEDICAL SUPPORT** Read and check and host club Emergency Action Plan (EAP) Positively verify and confirm location and freedom of emergency access (in EAP) Note location and name of nearest A&E (in EAP) Is location remote which will take over 8 minutes for emergency services to arrive? Identify location of first aid room (if available) note available facilities – Defrib etc. Are own first aiders/physios suitably qualified, current and identifiable? Are opposition first aiders/physios suitably qualified, current and identifiable? Have team managers, first aiders, coaches and physios completed the online HEADCASE concussion awareness module? Are First Aid Kits and supporting equipment complete, fit for task and contents in date? Have any medical conditions with the potential to cause a concern been shared with all physios/first aiders of both sides? PLAYER SAFETY Is playing surface fit for the activity (water/ice/hard ground)? Is playing surface clear of litter, stones, animal faeces or other material likely to cause harm - use the players warm up to provide additional assurance Are posts protected and flags of the correct height? Are own and oppositions support equipment (water bottles, cones, kit etc) positioned away from the playing surface so that risks from players or support staff falling onto it are minimised? Are there any pitchside fences, signage or floodlight stanchions that present a hazard to players – if so, seek additional protection. Are players suitably equipped and kitted out for the prevailing conditions and are they wearing the correct gumshields, studs, boots etc.? Are the players fit to play or conduct the activity? Are the changing facilities adequate? Are there any hazards that could cause harm present in the changing room or showers (broken floor tiles, loose benches, low ceilings etc.)? Whereas some of the above may also be covered by other personnel such as referees and club officials, CRFU and its representatives have an independent duty of care to ensure that player welfare is paramount. On completion of match or activity, complete representative form noting any omissions,

defects, injuries and learning events.