



Cornwall
Rugby Football Union

www.crfu.co.uk

The Maul

February 2024 Newsletter

Welcome to you all...

Special points of interest:

- Coaching
- Honda Volunteers
- Commercial Development

Hello to all our Cornish rugby family and welcome to this 3rd edition.

We hope you all have been enjoying the season so far.

Cornwall Fixture Dates

21st Feb @ St Austell RFC - U20s v Cornwall Clubs , KO: 7:30pm

28th Feb @ St Austell RFC – Men’s v Navy, KO: 7:30pm
(Please note there will be a ‘Park & Ride’ in place, find more details on page 5)

10th Mar @ Camborne RFC - U20s v Devon, KO: tbc

Tamar Cups...

27th Mar @ Devonport RFC - Devon v Cornwall Men’s, KO: tbc

21st Apr @ Bodmin RFC - Women’s v Devon, KO: tbc
(More fixtures on page 4)



We look forward to seeing you around the County.

Calling all coaches...

COACHING COORDINATORS MEETINGS



EAST MEETING
12 FEBRUARY 2024
BODMIN RFC
19.00-21.00

WEST MEETING
19 FEBRUARY 2024
REDRUTH RFC
19.00-21.00

WHAT WE WILL COVER:

Join us for an action-focused rugby evening on either the 12th or 19th of February, 2024.

The evening will include updates regarding planned training from the RFU, upcoming work with Cornish Pirates and other CRFU activities, in addition to identifying the needs of your clubs.

BOOK YOUR COMPLIMENTARY PLACE BY CONTACTING:
Daubroy13@hotmail.com



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U18s Season Round Up.....

Boys

As the 2023/24 season closes for the Cornwall U18's, I believe we can look back on a successful season. Since first seeing the boys at U17, they have really gelled as a squad and were a fantastic bunch to be a part of. The squad was formed from 8 club colts sides, but after a few training sessions, they quickly became a Cornwall side.

After friendlies in May, training and warm up games in Sept, Oct & November. We came into the 3 South West Festival at Hartpury in Dec and Jan. Although a long way to travel (and our thanks to the CRFU for allowing us to book coaches, which made a real difference to the experience). We came out the festival with 1 win, 1 draw and a loss. In each game we played front foot rugby, rotated the full squad and treated the traveling spectators to some very enjoyable rugby. Perhaps most importantly the boys dedication and pride playing for Cornwall made them a special group to coach and manage.

Whilst at the festival, 7 players were also selected to attend the SW division trials (Dan Bennett, Sam Vickery, Issac Jago, Kaea Griffiths, Idris Logan, Callum Phillips, Ted Kullich), with Dan, Kaea and Idris making the squad to represent the SW division in further fixtures.

Overall, I believe this year we were blessed with a talented, hardworking squad who really enjoyed playing together, which is a credit to every player. I look forward to seeing how they all get on in the future both in and outside of rugby.

At this stage we are also losing our dedicated coaching team of Andy Hawkin (12 years), LJ Collick (4 years), Mark Pullen (10 years) and Phil Stanfield (6 years). These coaches have put in many hours of work as volunteers to keep Cornish U18 rugby at the highest level possible and should be congratulated for all the work they have done over the years.

Paul Howard / Team Manager

Girls

This year the squad had and a large influx of new players with so many of last year's U18s moving up at the end of last season. The talented squad assembled for the trials in earnest and produced some memorable performances which gave the coaching team plenty to consider when selecting this year's squad.

With so little time allotted to train for the upcoming games the squad quickly became a close-knit community where the best of the RFU core values was always displayed. Training was key and players ensured they were fit and ready for the sessions ahead.

For the first time in recent memory CRFU u18s had all three games at home venues in Cornwall with Support from Truro RFC, Saltash RFC and the traditional home of Cornish representative rugby Launceston RFC. Great thanks for the support shown by these clubs to support Girls age grade CB rugby in Cornwall.

This season's opener against Gloucestershire RFU u18s took place at Truro RFC on a cold November afternoon. The games started brightly for Cornwall with the Cornish team dominating large parts of the game, fluid integration between the forwards and backline ensured home team were still in the game at half time.

Gloucestershire having brought on a full new 15 players at half time the second half started brightly for the home team with several replacements making significant impact in the game. Unfortunately, as the game entered the final minutes Gloucestershire manage to increase the gap on the scoreboard eventually finishing as comfortable winners. This scoreline didn't reflect the hard work undertaken by the squad.

The second home fixture held at Saltash RFC took place after a typical Cornish weekend of weather against a determined Devon side. The return of a few CoE players having bolstered the Cornish side just in time to replace some injuries sustained from the first fixture. The game started well with Cornwall taking an early lead, however as the game progressed Devon were able to come back into the game strongly and retake the lead.

The second half started in the same vein with Devon retaining the momentum and increasing the lead, the determined Cornish side managed to swing momentum back in the home teams favour and a prolonged period of possession in the Devon 22 resulted in a string of penalties against Devon and prevented the inevitable Cornish score. Although the scoreline probably didn't reflect the hard-fought battle between two well coached teams.

The final home game at Launceston RFC the spiritual home of Cornish rugby took place on a bright afternoon against Somerset RFU. The game again early on was an even match with both sides scoring and producing some entertaining rugby with again early forced replacements having a positive impact on a close fought game. The second half continued in the same vein with both sides very competitive with Somerset finishing eventual winners.

The 23/24 CB u18s girls season from a coaching perspective has been a journey of growth with lots of very new but talented players developing well across the season. With a larger proportion of this group being available next year the coaching team are excited to continue to development of some exception talent. Many thanks to the players, parents, host clubs, coaching team and CRFU management for the support this season to one and all.

J.P. Shrosbree / Head Coach

Honda Volunteer of the Year-Message from Tom Magill



The Honda Volunteer of the Year Nominations went live on **Monday (8th January)**. I am just getting in touch to share the attached assets which can be used to promote the awards on your social media channels. These assets will also be available on the [ER website resources page](#), so that clubs can access & share via their own channels.

The link to the nomination form can be found here:

[Volunteer of the Year Nominations \(englandrugby.com\)](#)

To recognise the contribution that volunteers have made to both their rugby clubs and the wider community, this year's national awards programme will focus on four categories:

- **Unsung Hero**
- **Game for All**
- **Connecting the Community**
- **Game Changer**

Nominations can be submitted for either an individual or group of volunteers within a club who have gone above and beyond over the course of the past 12 months. Nominations will close on **Friday 16th February at 1700**.

All nominees will be recognised at a local level, with regional and national winners selected by an awards panel for special event to be held later in the year. I can also confirm that the following clubs from Cornwall have been successful with their application to the volunteer recruitment programme.

- **Falmouth RFC**
- **Penryn RFC**
- **Truro RFC**

For information the RFU will contact the above clubs over the next couple of weeks to ask them to complete the award acceptance form, before providing access to the online learning.

Commercial Development

We are delighted to announce the appointment of Tanya Thomas to the Management Board.

This is a new role within the CRFU which has responsibility for Commercial Development. Tanya has hit the floor running and been in contact with sponsors old and new, to build on our relationships with them.

We welcome new sponsors to join our long established brands, so watch our socials for updates.

If you would like to contact Tanya her email is:

Email: commercial-development@crfu.co.uk

County Fixtures & Results

Results so far...

31 Jan	U20's 48	v	CSM 7
5 Feb	St. Ives 27	v	Cornwall Clubs 33

Fixtures...

21 Feb	U20's Vs Cornwall Clubs	St. Austell	KO: 1930
28 Feb	Senior XV Vs Royal Navy	St. Austell	KO: 1930
10 March	U20's Vs Devon	Camborne	KO: TBC
27 March	Devon Vs Senior XV (Tamar Cup)	Devonport Services	KO: TBC
21 April	Somerset Vs U20's	Taunton	KO: TBC
21 April	Women's XV Vs Devon (Tamar Cup)	Bodmin	KO: TBC
5 May	Gloucestershire Vs U20's	Cheltenham	KO: 1400
12 May	Women's XV Vs Hampshire	Truro	KO: TBC
18 May	Surrey Vs Senior XV	Esher	KO: 1430
19 May	Hertfordshire Vs Women's XV	Venue TBC	KO: TBC
25 May	Kent Vs Senior XV	Charlton	KO: 1400
26 May	Somerset Vs Women's XV	Venue TBC	KO: TBC
1 June	Senior XV Vs Hampshire	Venue TBC	KO: TBC

Codes of Conduct

A gentle reminder to clubs about Codes of Conduct.

It has been noted that some Players, Coaches and Spectators have been getting a bit over excited lately and this maybe a good 'mid season' opportunity to review your club policies.

For information, the following England Rugby links have templates that clubs can use, if required:

- [Code of Conduct](#)
- [Templates](#)
- [Posters](#)

Cornwall v Navy

Wed 28th Feb 2024

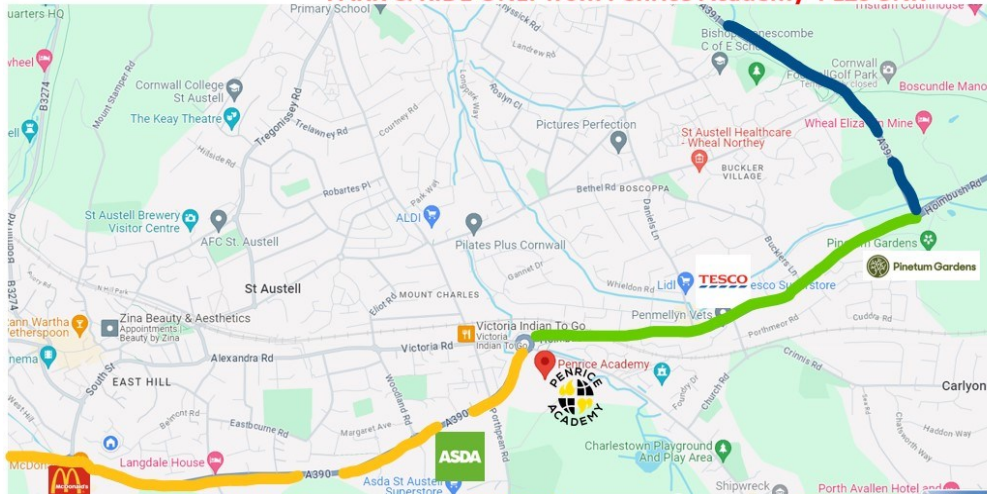
Come along and support Cornwall
for a great evening of rugby



Cornwall v Royal Navy @ Tregorrick Park
Kick-off at 7:30pm on Wednesday 28th February 2024

PLEASE NOTE – THERE IS NO PARKING AT TREGORRICK

PARK & RIDE ONLY from Penrice Academy PL25 3NR



Directions from WEST GOLD ROUTE
A390 from Truro
Pass McDonalds and ASDA
Turn right at Mount Charles roundabout
towards Charlestown

Directions from A30 BLUE ROUTE
Follow A391 from A30, through Bugle
Left at Stenalees roundabout,
Turn RIGHT on to A390 head towards St Austell
NOW FOLLOW EAST GREEN ROUTE

Directions from EAST GREEN ROUTE
A390 from Lostwithiel, Liskeard, Saltash
Pass Pinetum Gardens and Tesco
Turn LEFT at Mount Charles roundabout towards
Charlestown

Park & Ride Penrice Academy

Charlestown Rd, St Austell PL25 3NR

WHAT3WORDS //silly.jazzy.strikers

- Frequent shuttle bus to the ground from 6pm
- **Last return at 10pm**
- Ground entry tickets available at Penrice
- **Adults £5 plus £2 Park & Ride fare (£7 in total)**
- **U16s FREE**
- **Digital cashless payment preferred**
- **Please have EXACT amount if paying by Cash**



Limited number of Blue Badge spaces available at Tregorrick. To reserve please call 01726 76430 or email events@staustellrfc.co.uk



England Rugby Page

Training Courses

What Training Course is Right for Me?

The England Rugby Course Booklet provides you with all the information required to ensure the course you choose is correct for your needs.

[Training Booklet 23/24](#)



Touring

Its that time of year when clubs maybe in the process of organising tours, England rugby have information on what to consider.

The link to the rugby tours page is [here](#).

- [Checklist](#)
- [Resources](#)

Our Constituent Body (CRFU) are required on behalf of the RFU, to check and approve all tours. Please forward the completed forms to: janebellcornishrugby@gmail.com

CORE VALUES (TREDS)

Rugby's values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship are what makes the game special for those who enjoy the environment and culture they create. They define the game and define England Rugby.

TEAMWORK

Teamwork is essential to our sport.

RESPECT

Mutual respect forms the basis of our sport.

ENJOYMENT

Enjoyment is the reason we play and support rugby union.

DISCIPLINE

Strong discipline underpins our sport.

SPORTSMANSHIP

Sportsmanship is the foundation upon which rugby union is built.

If you would like to submit an article or club event to our bi-monthly newsletter, we would love to hear from you.

Email: janebellcornishrugby@gmail.com

Newsletter schedule:

October, December, February, April, June, August

