



**Cornwall**  
Rugby Football Union

[www.crfu.co.uk](http://www.crfu.co.uk)

# The Maul

October Newsletter

## Welcome to the first edition of the CRFU newsletter

### Special points of interest:

- Financial AGM
- Clubs Forum
- Volunteers
- RugbySafe

Hello to all our Cornish rugby family and welcome to this first edition. Good communication is always key, so we are hoping this will add to our arsenal of correspondence.

This publication aims to bring together lots of information, together in one place. Club events and successes can also be showcased.

We hope you find the articles useful and that it can assist with the running of your clubs.



### Financial AGM & Clubs Forum Wed 25th Oct, 7pm @ Camborne RFC

All clubs are welcome to our Financial Annual General Meeting.

We will bring you up to date on the accounts for last season and look forward to 2023/24.

Our newly appointed treasurer, Ashley Shopland will be happy to answer any questions you may have.

The Clubs Forum will follow the AGM and will focus on 'Rugby Safe'

We are delighted to welcome Dr Jon Matthews who will talk about the 'Power Up to Play' initiative and Chrissy Clarke from the RFU RugbySafe team who along with Nicola McCombe (CBRM) will also do a presentation for us all.

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### Volunteer Recruitment Programme

The Volunteer Recruitment Programme is now open for applications on the RFU website it will close on Friday 24th November. The link [HERE](#) will take you to the relevant page.

This is the second season the programme has been run and as a reminder it provides clubs with the opportunity to apply for funding (£500) and access a range of resources, to help plan and deliver a volunteer recruitment activity. This could be a volunteer open evening, a volunteer work party, targeted marketing & communications, or another idea that meets the aim of the programme.

The objectives of the programme are to help:

- Create new opportunities to recruit volunteers
- Raise awareness of volunteer opportunities amongst new audiences
- Embed volunteer management in clubs working practices

The RFU states that "**Clubs (National League 1 & below), Constituent Bodies and Referee Societies\*** can apply for the fund, with the opportunity for up to 130 organisations in the 23-24 season to receive a support package of £500, along with access to online learning modules and resources to plan a successful volunteer recruitment activity".

*\* Please note that organisations are only eligible for a one-off grant of £500 across the 3 years*

# RugbySafe / Player Welfare

## Reminder of the background to this important role

Recent changes regarding the roles and responsibilities within the governance of rugby have emphasised the role of RugbySafe within the structure of the community game which has stipulated the creation of the Rugby Safe representative on CRFU who, in turn, will liaise and support club Rugby Safe leads.

The concept of Rugby Safe is that it is basically an umbrella role that oversees and encompasses various roles already in place, but in a coherent and cohesive manner. As a result, the previously named golden role "Medical Officer" on GMS has now been renamed "RugbySafe Lead", this is to align with and increase the awareness of the RugbySafe campaign and reflect the wider player welfare remit that is evolving in the game and clubs may want to consider. All clubs must now have a RugbySafe point of contact.

CRFU RugbySafe Lead, Reggie Gough email: [rugbysafe@crfu.co.uk](mailto:rugbysafe@crfu.co.uk)

## Notices

### Game Management System (GMS)

Just a reminder to make sure all your 'Golden Roles' are updated on GMS.

This is the main form of communication from the RFU, so if emails are not up to date, your club may miss important info.



### FAO all club Safeguarding Officers

The Club Safeguarding Audit in GMS is open and the deadline is 29<sup>th</sup> October 2023. It is a mandatory audit for clubs who offer Age Grade activities Regulation 21.1.6.

If anyone has any issues please contact Cozette Shrosbree: email [cozetteshros@live.co.uk](mailto:cozetteshros@live.co.uk).

## Up and Coming Courses

### The Principles of Scrummaging CPD

Equips coaches with the knowledge and techniques to better coach players. The principles are transferrable to rucks and mauls, so the course is suitable for all.

Redruth 30th October <https://bit.ly/3rfMJcP>

# England Rugby Page

## Useful Links

Please find below links to key information:

- [RFU Rules & Regulations](#)
- [Player Welfare/RugbySafe](#)
- [Safeguarding](#)
- [Discipline](#)
- [Diversity & Inclusion](#)

## CORE VALUES

Rugby's values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship are what makes the game special for those who enjoy the environment and culture they create.

They define the game and define England Rugby.

### TEAMWORK

Teamwork is essential to our sport. We welcome all new team members and include all because working as a team enriches our lives. We play selflessly: working for the team, not for ourselves alone, both on and off the field. We take pride in our team, rely on one another and understand that each player has a part to play. We speak out if our team or sport is threatened by inappropriate words or actions.

### RESPECT

Mutual respect forms the basis of our sport. We hold in high esteem our sport, its values and traditions and earn the respect of others in the way we behave. We respect our match officials and accept their decisions. We respect opposition players and supporters. We value our coaches and those who run our clubs and treat clubhouses with consideration.

### ENJOYMENT

Enjoyment is the reason we play and support rugby union. We encourage players to enjoy training and playing. We use our sport to adopt a healthy lifestyle and build life skills. We safeguard our young players and help them have fun. We enjoy being part of a team and part of the rugby family.

### DISCIPLINE

Strong discipline underpins our sport. We ensure that our sport is one of controlled physical endeavour and that we are honest and fair. We obey the laws of the game which ensure an inclusive and exciting global sport. We support our disciplinary system, which protects our sport and upholds its values. We observe the sport's laws and regulations and report serious breaches.

### SPORTSMANSHIP

Sportsmanship is the foundation upon which rugby union is built. We uphold the rugby tradition of camaraderie with teammates and opposition. We observe fair play both on and off the pitch and are generous in victory and dignified in defeat. We play to win but not at all costs and recognise both endeavour and achievement. We ensure that the wellbeing and development of individual players is central to all rugby activity.

If you would like to submit an article or club event to our bi-monthly newsletter, we would love to hear from you.

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Newsletter schedule:

October, December, February, April, June, August

